Welcome to Yeovil Country Park - Ninesprings 3-2-1

3-2-1 is Run England's project which aims to provide a range of marked out running or jogging routes across the country that anyone can have a go at. It's a way of providing a meaningful challenge to help you to get running when it best suits you.

Trail: Walk/Jog/Run

Grade:

Distance: 3km (1.86 miles)

Time: Please note timings are a rough guide

Walking: 1 hour 10 minutes

Jogging: 45 minutes
Running: 35 minutes

Terrain: Loose gravel tracks and tarmacked

pavements. There are steps on the route.

How to get there: Ninesprings is located on the southern

edge of Yeovil and has brown tourism signs directing you. Follow Country Park

symbols or Ninesprings.

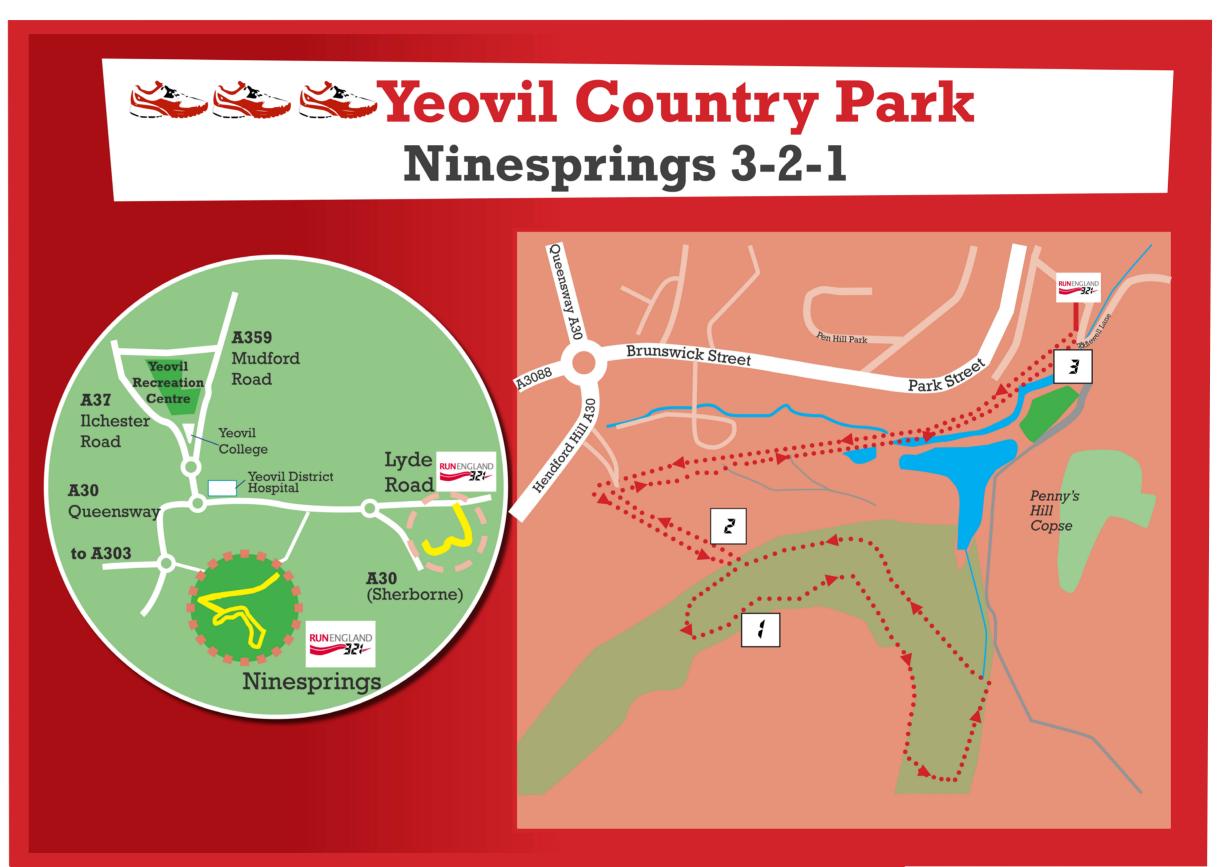
Amenities: Free parking, maps, signs.

Accessibility: Due to steps on the route, it would

be unsuitable for wheelchairs and

pushchairs.

Overview: Ninesprings is a picturesque part of Yeovil Country Park situated close to Yeovil town centre. The route has a few steady climbs to raise your heart rate—perfect for improving runners. But it includes some steps, so is unsuitable for wheelchair users or those with push chairs. There are several benches along the route should you need a resting point. The route is well sign posted using Run England 321 way markers on oak posts and gates, with country park rangers on hand should you require any assistance.



Contact us: 01935 462462 / active@southsomerset.gov.uk

Runners using the 321 running routes do so at their own risk. SSDC accepts no responsibility for accidents or injury incurred on this route. The measurements have been recorded to the best of our ability and as near to the distances as possible. If you would like to report a problem with this route please contact us.



South Somerset District Council Healthy Communities

